



## Take A Hike Arizona Gives New View To Guided Hiking Adventures

### ~ Take A Hike Arizona, The Ultimate Arizona Hiking Experience ~

SCOTTSDALE, AZ December 10, 2008 - [Take A Hike Arizona, LLC, a unique guided hiking company](#), announced today its offerings of distinctive services to Arizona hiking travelers of all ages and skill levels. The company specializes in **personalized full and half day hiking excursions** in diverse terrain of the Southwest including winding trails, hidden canyons and beautiful vistas through the breathtaking Sonoran Desert.

*Take A Hike Arizona* specifically designs custom guided hikes for individuals, corporate groups and families providing an educational and engaging experience like no other hiking company. The company allows locals and travelers to **experience, explore and enjoy** a desert eco tour with an unforgettable, intimate experience. Tours are customized based on specific fitness levels and hikers are provided with backpacks complete with water, healthy fresh baked lunches and organic snacks in addition to trekking poles.

Founders, [Tracey Epel](#) and [June Kleier](#), are avid hikers and supreme nature lovers. They both have extensive travel and tourism industry experience and they have hiked and traveled throughout the United States, Europe, Canada, Mexico, Australia and the Caribbean. They are stewards with the *McDowell Sonoran Conservancy* and have a NOLS *National Certification in Wilderness First Aid* and are *CPR certified*. Additionally, they are college graduates holding B.A and M.S. Degrees and were former corporate executives. Due to corporate downsizing, both decided to take their careers in a new direction and pursue their passion for the outdoors. Their love of hiking, conservation, and preservation formed [Take A Hike Arizona](#) with the goal of helping others **experience, explore and enjoy** hiking in the Sonoran Desert.

*Take A Hike Arizona* offers fascinating and custom packages tailored to all needs including leisure nature lovers, advanced trekkers, corporate groups, families, and children. "We really know how to keep the kids engaged during the hikes. We provide each child with a disposable camera and photo guide. We keep them entertained with desert bingo, desert trivia and scavenger hunt games," said June Kleier, founder of *Take A Hike Arizona*. "We want to inspire children and adults alike to experience, explore and enjoy the great outdoors in an exciting and interactive way."

Want a picnic at the peak? A private hike? Outdoor enthusiasts can choose from one of the many **personalized packaged excursions** below.

- Sunset, Moonlight and Sunrise Hikes
- Scorpion and Tarantula Hunts (no animals are harmed)
- Corporate Team Building Hikes
- Birthday and Wedding Party Hikes
- Girls Get A Way Hikes
- Kids' Hiking Day Camp (a fun, fit and engaging experience)
- Hike for Health & Healing (spa packages included)

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A full-day hike is about 5-7 hours and a half-day hike is 2-4 hours. “We provide the highest service standards and engage every hiker with a safe and lasting experience,” said Tracey Epel, founder of *Take A Hike Arizona*. “On average, a mountain rescue takes place in the Valley of the Sun every three days. The desert can be dangerous and people get lost and dehydrated. As a prior search and rescue crew member with the U.S. Coast Guard, I know how to deal with unexpected challenges and our customer’s safety is our priority.” All *Take A Hike Arizona* guides are experienced desert hikers, knowledgeable about the Sonoran Desert and its inhabitants, entertaining and informative, First Aid and CPR certified, fully equipped with binoculars, field guides, GPS equipment, First Aid kits and extra water.

*Take A Hike Arizona* is proud to partner with The McDowell Sonoran Conservancy, The Scottsdale Convention & Visitors Bureau, The Mesa Convention and Visitors Bureau and The Arizona Science Center.

For more information about *Take A Hike Arizona* and their **experience, explore and enjoy** hiking excursions, call toll free at 866-615-2748 or visit [www.takeahikearizona.com](http://www.takeahikearizona.com).

### **About Take A Hike Arizona, LLC**

Take A Hike Arizona is a unique guided hiking company that provides an opportunity for guests to experience, explore and enjoy the desert in a manner that is safe, fun and educational, while at the same time promoting preservation of the desert ecosystem. Visit us at [www.takeahikearizona.com](http://www.takeahikearizona.com).

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